

family camping cross-off list



shelter

tent • tent pegs • mallet • ground sheet • poly tarp • extra rope or cord • sleeping bag • sleeping pad • cot • blankets/sheets • pillow • air pump • tent repair kit

basic camping equipment

lantern & fuel • extra mantles • fuel funnel • matches & lighter • headlamp/flashlight • extra batteries • folding table for stove & cooler • radiant catalytic heater (cold weather) • camp chairs & table • multi-tool/pocket knife • axe/hatchet • camp saw • folding shovel • rope or cord

food preparation & cooking

campstove & fuel • cooler • ice or ice substitute • large water jug • water bottles • thermos • pots & pans, pot grabber • griddle & dutchoven • coffee pot/kettle • mixing bowls & food storage containers • cutting board • sharp knife • ziplock bags • storage containers • plastic tablecloth & clamps • cups/ plates/ bowls/eating utensils • salt & pepper • seasonings & condiments • trash bags • biodegradable dish soap • paper towel • dish cloth/sponge • clothes pins • potholders/oven mitts • ladel/spatula/serving spoon • tongs • can / bottle opener • cork screw • fire grate

personal items

toothbrush & paste • shampoo & conditioner • razor & shaving cream • soap in holder • medications & supplements • deodorant • mirror • quickdry washcloths/towels • brush/comb • toilet paper • moist toiettes • sunscreen/lipbalm • sunglasses



The mountains are calling. **GO.**

clothing

weatherproof jacket • insulating layers/jacket/sweater/vest • pants shorts • t-shirts • socks & underwear • pyjamas • swimsuit • raingear • toque & gloves • sunhat/ball cap • hiking shoes and boots • sandals

miscellaneous

water filter • insect repellent/bite salve • firewood • solar camp shower • two-way radios • first aid kit • safety pins • fire extinguisher • small sewing kit • duct tape • travel alarm clock • notepad & pen • camera & film • tripod • binoculars • map • compass • daypack • child carrier • fishing gear • whisk broom

for kids & fun

travel games • cards • books & magazines • frisbee • coloring book & crayons

additional items

friendly advice

use this cross-off list as a guideline when planning for a family camping trip.

- **use biodegradable soap**, or try hot water soapless dishwashing, bathing and clothes washing.
- **dispose of wastewater at least 100 feet away** from natural water sources, to prevent their contamination.
- **sort and pack each day** of your childrens' clothes within individual small grocery bags in his/her travel bag. Your child can grab a bag in the morning and have a full set of clothes for the day, and at night he/she can stuff the dirty ones back in the bag thus not mixing up the rest of the travel bag.
 - **plan a simple menu** for all meals on your trip, so you pack all of the ingredients you will need without forgetting a key ingredient.
 - **measure and combine dry ingredients** in Ziploc bags prior to packing. Make sure you label the bag for the appropriate meal.



get outdoors and get **giddy.**

